

STOP the
“Sneak thief of sight”
in its tracks!

Glaucoma is an eye disease that can cause vision loss. But many people don't even know they have it. That's because there are often no warning signs. Detecting and treating glaucoma early is the best thing you can do to prevent blindness.

EyeCare America's Glaucoma Eyecare Program helps prevent blindness from glaucoma. This program informs people about risk factors and provides access to glaucoma eye exams.

You may qualify for an eye exam at no cost, if you do not have insurance. To find out if you are eligible:

CALL
1-800-391-EYES (3937)
or
VISIT
www.eyecareamerica.org

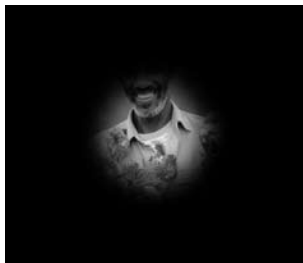
EyeCare America's help lines are open 24 hours a day, every day, year-round.

Knowing if you are at risk is the first step in saving your sight.

Take the test on the other side of this card to find out if you may be at risk for getting glaucoma.



A picture that looks clear today...



Would look like this in the advanced stages of glaucoma.

To find out if you may be at risk for glaucoma, take this simple test.

My Glaucoma Risk

Circle only one score in each category. Add them up to find out your risk level.

1. Family History

My parent or child has glaucoma	2
My brother or sister has glaucoma	4
My parent and brother or sister have	4
There is no known glaucoma in my family	0

2. Race

I am white/Caucasian	1
I am Hispanic/Latino	2
I am black/African American	3

3. Age

I am younger than 40 years old	0
I am 40-49 years old	1
I am 50-59 years old	2
I am 60 or older	3

Add the circled number from each category.

Put your total here: _____

- If your score is 4 or more, you are at increased risk for glaucoma. Get a glaucoma exam right away
- No matter what your score is, have a glaucoma eye exam every one to two years if you are age 65 or older.

You also have a greater risk for glaucoma if you:

- Are very near-sighted
- Use steroid medications
- Have been told you have high eye pressure
- Have had past eye injuries

EyeCare America's Glaucoma EyeCare Program is co-sponsored by Pfizer Ophthalmics; endorsed by state ophthalmological societies and the American Glaucoma Society.

